# $73^{\text {rd }}$ NSDC Long Tiered Skirt <br> GENERAL SKIRT CONSTRUCTION DIRECTIONS. 

## Materials Needed:

- $11 / 2^{\prime \prime}$ sports elastic (waist size less 2 ")
- $1 / 3-1$ yards total of various fabrics. (Would like the 2 tiers in the RED SCRAPHEAP FABRIC)
- Trim as desired. Ribbon, lace, rick rack, cording, embroidery, etc


## Step 1:

Measure your waist $\qquad$
Measure your skirt length. $\qquad$

## Step 2:

Find your waist measurement in the chart below to find your size, Amount of fabric to purchase has been calculated for you by skirt length. This is in tables following these general directions.

| SKIRT MEASUREMENTS |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | P | S | M | L | XL | XXL |
| WAIST | $23-36^{\prime \prime}$ | $23^{\prime \prime}-36^{\prime \prime}$ | $26-40^{\prime \prime}$ | $29-44^{\prime \prime}$ | $32-48^{\prime \prime}$ | $35-52^{\prime \prime}$ |

## Step 3

Once you have your fabric and know tier layout, cut a bit of fabric and make a legend. It will help a lot for cutting strips.

Cut the tiers based on your Size and skirt length.

## Step 4:

Sew each of the side seams together using a $1 / 2$ " seam allowance. Now you are working with four tiers that are each a different size circle. Press your seams open.

## Step 5

If you want to add trim, it is best to sew it on now. The tiers are easier to handle. Use 1-3 rows of trim.

Step 6:
Gather the 2nd tier so that it can be attached to the first tier. To gather, baste (the longest stitch on your machine) around the top of the 2nd tier close to, but just within the $1 / 2$ " seam allowance. Baste
from one side seam to the other. Do not backstitch with your machine and keep the threads long at the starting and ending point. Baste again on the other side (from one side seam to the other). You should now have a row of stitching around the top of the 2nd tier that begins and ends at each side seam (now the front and back of your skirt).

## Step 7:

Carefully and patiently hold onto one of the thread ends and pull, working the fabric into gathers along the thread. Work from both ends of the thread. If you break the thread, don't panic-- you may be able to save the gathering you have already done and just stitch another basting stitch beyond the point where your thread broke. (That's also why we are working each tier in two pieces-- it's easier to adjust the gathers and less likely to break the threads.) Gather both the front and back lightly.

## Step 8:

Using the notch you made when you cut the tiers, pin the center of the 2nd tier front to the center of the 1 st tier front with right sides together. Match the side seams together and you can gently adjust your gathers until the two tiers will sew together nicely. Repeat this step from the center to the other side seam.

## Step 9:

Repeat Step 7-8 for the skirt back.

## Step 10

Adjust your machine back to a regular stitch length and stitch the two tiers together, using a 1/2" seam allowance. Turn skirt right side out and lightly press the seam open. If any basting is showing, simply rip it out. Also, if desired, you may topstitch the seam allowance to the upper tier.

## Step 11:

Repeat Steps 6-10 for each of the subsequent tiers.

## Step 12:

Fold the waistband in half with right sides together and stitch leaving a gap just below the middle which is the width of the elastic. Fold the waistband lengthwise with the wrong sides together. Baste the edges.

Divide the waistband into quarters and mark. Divide the skirt into quarters and mark. For woven fabrics, the skirt may be gathered already to the width of the fabric waistband. Match the skirt and waistband quarters and stitch. The hole for the elastic should be facing out.

Fold up the waistband and thread the elastic using a safety pin. Hand stitch the gap closed with an invisible stitch.

## Step 13:

To hem the skirt, press under $1 / 4$ " inch at the bottom and then $1 / 4$ " again. Stitch.


| Tier \# | Finished <br> Tier Depth | Unfinished Strip <br> Cut this Depth <br> Inches | Width of <br> Tiers, inches | \#Strips to <br> Cut for Width | Fabric <br> needed <br> yd |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{1}$ | 5.50 | 6.5 | 52 | 1.3 | 0.23 |
| $\mathbf{2}$ | 5.50 | 6.5 | 62 | 1.6 | 0.28 |
| $\mathbf{3}$ | 5.50 | 6.5 | 75 | 1.9 | 0.34 |
| $\mathbf{4}$ | 5.50 | 6.5 | 90 | 2.2 | 0.41 |
| $\mathbf{5}$ | 6.00 | 7 | 108 | 2.7 | 0.52 |

